



### *Guiding Good Choices*

- an interactive program for all parents of children in grades 4-8.
- lively and open atmosphere
- 1 night a week for 5 weeks

### *Parents will:*

- learn specific strategies to help their children avoid drug use and other adolescent problem behaviors
- learn to set clear family guidelines
- Learn and practice skills to strengthen family bonds
- Help their children develop healthy behaviors
- Increase children's involvement in the family

Contact the Substance Abuse Council for more  
information at **269-966-7583**  
**[dmaitland@calhouncountymi.gov](mailto:dmaitland@calhouncountymi.gov)**



**Program is free of charge**