

What You Need to Know About Treatment and Recovery

Heal Calhoun County



Opioid Use Disorder

Opioid addiction is a worldwide problem that affects many different people, their families, and communities. Opioid use disorder is a constant, relapsing disease that affects the body and brain. It can cause difficulties with tasks at work, school, or home, and can affect someone's ability to maintain healthy relationships. It can even lead to overdose and death.

Opioid use disorder is a chronic disease, like diabetes or heart disease, meaning there is no cure. But addiction can be managed, and people with opioid use disorder can, and do, recover.

What are the treatments for opioid misuse and addiction?

Treatments for opioid use disorder include:

- Medicine
- Counseling and behavioral therapies
- Medication-assisted therapy (MAT), which includes medication, counseling, and behavioral therapy
- Residential and hospital-based treatment



Treatment can help!

With treatment, people can gain their lives back! Every person needs to find the treatment that's right for them, although, research shows a combination of behavioral therapy with medication is the most effective approach for overcoming opioid addiction.

3 FDA Approved Medications

Methadone

Suppresses opioid withdrawal, reduces opioid cravings, blocks effects from illicit opioids, and reduces opioid cravings. Oral tablet, liquid, and water-dissolvable disks. Can only be used in a certified opioid treatment setting.

Buprenorphine

Suppresses opioid withdrawal, reduces opioid cravings, blocks effects from illicit opioids, and reduces opioid cravings. Dissolving tablet, cheek film, or 6-month implant under the skin. Can be prescribed by a doctor for use outside of a clinic

Naltrexone

Prevents relapse to opioids in patients detoxed and no longer physically dependent. Prescribed by a healthcare provider. Only used for people who have not used opioids for at least 7–10 days.

Emergency Treatment



Give someone a second chance to stay alive, get help, and recover.

NARCAN® is a potentially lifesaving medication designed to help reverse the effects of an opioid overdose in minutes. Since most opioid overdoses occur in the home and are most often witnessed, having a NARCAN® rescue kit nearby can make all the difference.

The Overdose Prevention Act allows the ability to prescribe the opiate antidote Narcan® to those in a position to help someone else during an overdose of heroin or other opioids. The law also eliminates civil and criminal liability to anyone who administers Narcan. You can now identify an overdose and save a life!

How to get NARCAN®?

We offer free training and distribution of Narcan kits. To receive a free kit, watch an online training video and print or show your confirmation email at one of our local distribution sites. Need immediate help? Visit one of our Narcan vending machines, available 24/7, 365 days a year.

Narcan Vending Machine

Battle Creek Homeless Shelter
209 E Michigan Ave
Battle Creek, MI 49014

Substance Abuse Council

34 W Jackson St., Suite 2A
Battle Creek, MI 49017
269-326-4040

Summit Pointe

175 College Street
Battle Creek, MI 49037
269-966-1460

Recovery Is Possible!

Recovery from opioid use disorder doesn't happen overnight. Ask for help from family, friends, neighbors, and others who can make a big difference. Tell them your reasons for quitting and ask them to check in with you for safety and encouragement. If you know or suspect someone is struggling, ask if you can help.

Don't let blame, discrimination, language, or shame stop you from reaching out for support and help.

There are safe, effective, and lifesaving tools available to help you. Reach out to us today!

Fact

When approved medications are used appropriately, those medications are not addictive, as they do not cause patients to use them compulsively or in an unhealthy way. Rather, approved medications support people in their recovery. Patients taking medications to treat opioid use disorder should be considered in recovery.

Characterizing certain medications as "addictive" is confusing to individuals who don't understand how these FDA medications work and perpetuates stigma against patients suffering from addiction. **It's time to free Calhoun County from opioid stigma.**



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